



# Monthly Schedule - July 2026

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 AM	Adult Lap Swim 6am-3pm	Closed for JGs 9am-10:45am	Adult Lap Swim 6am-3pm	Closed for JGs 9am-10:45am	Adult Lap Swim 6am-3pm	Adult Lap Swim 10am-3pm	Adult Lap Swim 10:30am-1pm
6:30 AM							
7:00 AM							
7:30 AM							
8:00 AM							
8:30 AM							
9:00 AM	Aqua Aerobics 10am-11am (3 lanes)	Masters Swim 12:15pm-1:15pm (5 lanes)	Adult Lap Swim 6am-3pm	Masters Swim 12:15pm-1:15pm (5 lanes)	Adult Lap Swim 6am-3pm	Swim Lessons 3 lanes 10:30am-1pm	Swim Lessons 2 lanes 10:30am-12:45pm
9:30 AM							
10:00 AM	Adult Lap Swim 6am-3pm	Rec swim 1:15pm-3pm (2 lanes)	Rec swim 12:30pm-3pm (2 lanes)	Rec swim 1:15pm-3pm (2 lanes)	Rec swim 12:30pm-3pm (2 lanes)	Rec Swim 11am-3pm (2 lanes)	Facility Updates & Closures
10:30 AM							
11:00 AM							
11:30 AM							
12:00 PM							
12:30 PM							
1:00 PM	Closed for Carpinteria Aquatics and Water Polo 3-5pm					<b>Facility Updates &amp; Closures</b> * Swim lessons Monday, Wednesday, & Friday: 9am-12:30pm & 3pm-6:30pm (2 lanes) *Swim lessons Tuesday & Thursday 10:45am-12:30pm & 3pm-6:30pm (2 lanes) *Facility will be closed on 4th of July. *SCUBA lane rental: 7/11, 7/16, 7/19, & 7/25. (1 lane) *Girls Inc Swim lessons: 1:30 pm-2:15 pm July 13th & 15th. (4 lanes) *Fun in the Sun Swim Lessons: 1 pm-2:45 pm July 14th, 16th, 21st, 23rd, 28th, & 30th. (4 lanes)	
1:30 PM							
2:00 PM							
2:30 PM							
3 PM-5 PM							
5:00 PM							
5:30 PM	Masters Swim (5 lanes) 5:15pm-6:15pm	Adult Lap Swim 5pm-6:30pm	Masters Swim (5 lanes) 5:15pm-6:15pm	Adult Lap Swim 5pm-7pm	Masters Swim (5 lanes) 5:15pm-6:15pm	Adult Lap Swim 5pm-6:30pm	
6:00 PM							
6:30 PM	Adult Lap Swim 5pm-6:30pm	Rec swim 5-7pm (2 lanes)	Adult Lap Swim 5pm-6:30pm	Rec swim 5-7pm (2 lanes)	Adult Lap Swim 5pm-6:30pm	Masters Water Polo 7-8:30pm (whole pool)	
7:00 PM							
8:00 PM							
8:30 PM							