

Monthly Schedule - January 2026

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
6:00 AM	Adult Lap Swim 6am-3pm		Adult Lap Swim 6am-3pm		Adult Lap Swim 6am-3pm		Closed		
6:30 AM									
7:00 AM									
7:30 AM									
8:00 AM									
8:30 AM									
9:00 AM									
9:30 AM									
10:00 AM	Aqua Aerobics 10am-11am (3 lanes)	Adult Lap swim 9am-3pm	Aqua Aerobics 10am-11am (3 lanes)	Adult Lap swim 9am-3pm	Aqua Aerobics 10am-11am (3 lanes)	Adult Lap Swim 10am-3pm			
10:30 AM									
11:00 AM	Adult Lap Swim 6am-3pm	Masters Swim 12:15pm-1:15pm (5 lanes)	Adult Lap Swim 6am-3pm	Masters Swim 12:15 pm-1:15 pm (5 lanes)	Adult Lap Swim 6am-3pm				
11:30 AM									
12:00 PM		Rec swim 1:15-3pm (1 lane)		Rec swim 1:15-3pm (1 lane)		Rec Swim 11am-3pm (2 lanes)			
12:30 PM									
1:00 PM									
1:30 PM									
2:00 PM									
2:30 PM									
3 PM-5 PM	Closed for Carpinteria Aquatics and Water Polo 3-5pm					Upcoming Closures			
5:00 PM	Masters Swim (5 lanes)	CHS Practice 5pm- 7:00 pm	Masters Swim (5 lanes)	CHS Practice 5pm-7pm	Masters Swim (5 lanes)	*Facility Closed for Holidays: 1/1 & 1/19 *Holiday lap swim hours: 1/2 8:30am-3:30pm *CHS Water Polo Games pool closes at 2:15 pm: 1/8, 1/15, & 1/22 *Facility Closed for SBSC swim meet: 1/24 & 1/25 *Aqua Aerobics, Masters Swim & Masters Water Polo restarts 1/5			
5:30 PM	5:15pm-6:15pm		5:15pm-6:15pm		5:15pm-6:15pm				
6:00 PM	CHS Practice 5pm-7:00pm		CHS Practice 5pm-7:00pm					CHS Practice 5pm-7:00pm	
6:30 PM									
7:00 PM									
7:30 PM									
8:00 PM				Masters Water Polo 7-8:30pm (whole pool)					
8:30 PM									