



Monthly Schedule - January 2026

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 AM							
6:30 AM							
7:00 AM							
7:30 AM	Adult Lap Swim 6am-3pm		Adult Lap Swim 6am-3pm		Adult Lap Swim 6am-3pm		
8:00 AM							
8:30 AM							
9:00 AM							
9:30 AM							
10:00 AM	Aqua Aerobics 10am-11am (3 lanes)		Aqua Aerobics 10am-11am (3 lanes)		Aqua Aerobics 10am-11am (3 lanes)		
10:30 AM		Adult Lap swim 9am-3pm		Adult Lap swim 9am-3pm		Adult Lap swim 10am-3pm	
11:00 AM							
11:30 AM							
12:00 PM							
12:30 PM	Adult Lap Swim 6am-3pm	Masters Swim 12:15pm-1:15pm (5 lanes)	Adult Lap Swim 6am-3pm	Masters Swim 12:15 pm-1:15 pm (5 lanes)	Adult Lap Swim 6am-3pm	Rec Swim 11am-3pm (2 lanes)	
1:00 PM							
1:30 PM							
2:00 PM							
2:30 PM		Rec swim 1:15-3pm (1 lane)		Rec swim 1:15-3pm (1 lane)			
3 PM-5 PM	Closed for Carpinteria Aquatics and Water Polo 3-5pm						
5:00 PM	Masters Swim (5 lanes)		Masters Swim (5 lanes)		Masters Swim (5 lanes)		
5:30 PM	5:15pm-6:15pm		5:15pm-6:15pm		5:15pm-6:15pm		
6:00 PM		CHS Practice 5pm- 7:00 pm		CHS Practice 5pm-7:00pm		CHS Practice 5pm-7:00pm	
6:30 PM	CHS Practice 5pm-7:00pm						
7:00 PM							
7:30 PM							
8:00 PM				Masters Water Polo 7-8:30pm (whole pool)			
8:30 PM							

Closed

Upcoming Closures

- *Facility Closed for Holidays:
1/1 & 1/19
- *Holiday lap swim hours:
1/2 8:30am-3:30pm
- *CHS Water Polo Games pool closes at
2:15 pm: 1/8, 1/15, & 1/22
- *Facility Closed for SBSC swim meet:
1/24 & 1/25
- *Aqua Aerobics, Masters Swim &
Masters Water Polo restarts 1/5