

## Monthly Schedule - November 2023

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday				
6:00AM	ADULT LAP SWIM 6AM - 3PM		ADULT LAP SWIM 6AM - 3PM		ADULT LAP SWIM 6AM - 3PM					
6:30AM										
7:00AM										
7:30AM										
8:00AM										
8:30AM										
9:00AM										
9:30AM										
10:00AM	AQUA AEROBICS 10AM - 11AM 4 LANES		AQUA AEROBICS 10AM - 11AM 4 LANES		AQUA AEROBICS 10AM - 11AM 4 LANES	ADULT LAP SWIM 10AM-3PM				
10:15AM										
10:30AM										
11:00AM		ADULT LAP SWIM 9 AM - 3 PM		ADULT LAP SWIM 9AM - 3PM		REC SWIM 11AM-3PM (2 LANES)				
11:30AM										
12:00PM										
12:15PM										
12:30PM		MASTERS SWIM 12:15PM-1:15PM 4 LANES					MASTERS SWIM 12:15PM-1:15PM 4 LANES			
1:00PM										
1:15PM										
1:30PM		REC SWIM 1:15PM-2:45PM (2 LANES)					REC SWIM 1:15PM-2:45PM (2 LANES)			
2:00PM										
2:30PM										
3-5PM	Closed for Carpinteria Aquatics Club 3PM-5PM					<b>UPCOMING CLOSURES</b> Nov. 6 - 17: Aliso School Swim Lessons Nov. 10: Holiday Closure Nov. 13: No Aqua Aerobics Nov. 18: Closed for Staff Training Nov. 21: Closed @ 2:30pm for CHS Game Nov. 23 & 24: Holiday Closure				
5:15PM	MASTERS SWIM	<b>CHS GIRLS WATER POLO PRACTICE 5PM- 7:00PM</b>	MASTERS SWIM	<b>CHS GIRLS WATER POLO PRACTICE 5PM - 7 PM</b>	MASTERS SWIM					
5:30PM	5:15PM-6:15PM		5:15PM-6:15PM	5PM - 7 PM	5:15PM-6:15PM					
6:00PM										
6:30PM	<b>CHS GIRLS WATER POLO PRACTICE 5PM - 7:00 PM</b>		<b>CHS GIRLS WATER POLO PRACTICE 5PM - 7:00 PM</b>	<b>MASTERS POLO 7PM - 8:30PM ALL LANES</b>	<b>POLO PRACTICE 5PM - 7:00 PM</b>					
7:00PM										
7:30PM										
8:00PM										