

Monthly Schedule - JULY 2023

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday & Sunday		
6:00AM	ADULT LAP SWIM 6AM - 3PM		ADULT LAP SWIM 6AM - 3PM		ADULT LAP SWIM 6AM - 3PM			
6:30AM								
7:00AM								
7:30AM								
8:00AM								
8:30AM								
9:00AM								
9:30AM	SWIM LESSONS (3 LANES) 9:30-12:45	CLOSED FOR JUNIOR	SWIM LESSONS (3 LANES) 9:30-12:45	CLOSED FOR JUNIOR	SWIM LESSONS (3 LANES) 9:30-12:45			
10:00AM	AQUA AEROBICS 10AM - 11AM	LIFEGUARD POOL DAY	AQUA AEROBICS 10AM - 11AM	LIFEGUARD POOL DAY	AQUA AEROBICS 10AM - 11AM	ADULT LAP SWIM 10AM-3PM		
10:15AM								
10:30AM		PRIVATE LESSONS 10:25AM - 10:55 (1 LANE)		PRIVATE LESSONS 10:25AM - 10:55 (1 LANE)				
		SWIM LESSONS (3 LANES) 11-12:45		SWIM LESSONS (3 LANES) 11-12:45		PRIVATE LESSONS SATURDAYS ONLY 10AM - 12:15 (1 LANE)		
11:00AM								
11:30AM							ADULT LAP SWIM 11 AM - 3:00 PM	ADULT LAP SWIM 11 AM - 3:00 PM
12:00PM								
12:15PM							MASTERS SWIM 12:15PM-1:15PM	MASTERS SWIM 12:15PM-1:15PM
12:30PM							4 LANES	4 LANES
1:00PM								
1:15PM	REC SWIM 1:15 - 3PM (3 LANES)	REC SWIM 1:15 - 3PM (3 LANES)	REC SWIM 1:15 - 3PM (3 LANES)	REC SWIM 1:15 - 3PM (3 LANES)	REC SWIM 1:15 - 3PM (3 LANES)	REC SWIM 11AM-3PM (2 LANES)		
1:30PM								
2:00PM								
2:30PM								
3-5PM	CLOSED FOR CARPINTERIA AQUATICS CLUB SWIM AND WATER POLO 3-5PM							
5:15PM	MASTERS SWIM (5 LANES) 5:15 - 6:15	SWIM LESSONS (4 LANES) 5 - 6:45 PM	MASTERS SWIM (5 LANES) 5:15 - 6:15	SWIM LESSONS (4 LANES) 5 - 6:45 PM	MASTERS SWIM (5 LANES) 5:15 - 6:15			

5:30PM	SWIM LESSONS (3 LANES) 5 - 6:45 PM		SWIM LESSONS (3 LANES) 5 - 6:45 PM		SWIM LESSONS (3 LANES) 5 - 6:45 PM
6:00PM	PRIVATE LESSONS 6:10PM - 6:40PM (1 LANE)	ADULT LAP SWIM (7 LANES)	PRIVATE LESSONS 6:10PM - 6:40PM (1 LANE)	ADULT LAP SWIM (7 LANES)	
6:30PM	ADULT LAP SWIM (1 LANE)	5PM - 7PM	ADULT LAP SWIM (1 LANE)	5PM - 7PM	ADULT LAP SWIM (1 LANE)
7:00PM	5PM - 7PM		5PM - 7PM	7PM - 8:30PM	5PM - 7PM
7:30PM				ALL LANES	
8:00PM					

UPCOMING CLOSURES: JULY 4TH - CLOSED IN OBSERVANCE OF INDEPENDENCE DAY
 JULY 7TH - NO CAC DUE TO JUNIOR LIFEGUARD CARPINTERIA COMPETITION