

Monthly Schedule - May 2023

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday						
6:00AM	ADULT LAP SWIM 6AM - 3PM		ADULT LAP SWIM 6AM - 3PM		ADULT LAP SWIM 6AM - 3PM							
6:30AM												
7:00AM												
7:30AM												
8:00AM												
8:30AM												
9:00AM												
9:30AM												
10:00AM												
10:15AM	AQUA AEROBICS 10AM - 11AM 4 LANES		AQUA AEROBICS 10AM - 11AM 4 LANES		AQUA AEROBICS 10AM - 11AM 4 LANES	ADULT LAP SWIM 10AM-3PM						
10:30AM												
11:00AM												
11:30AM		ADULT LAP SWIM 9 AM - 3 PM		ADULT LAP SWIM 9AM - 3PM								
12:00PM												
12:15PM												
12:30PM		MASTERS SWIM 12:15PM-1:15PM 4 LANES					MASTERS SWIM 12:15PM-1:15PM 4 LANES			REC SWIM 11AM-3PM (2 LANES)		
1:00PM												
1:15PM												
1:30PM												
2:00PM												
2:30PM												
3-5PM												
Closed for Carpinteria Aquatics Club 3PM-5PM												
5:15PM	MASTERS SWIM 5:15PM-6:15PM 5 LANES		CAC WATER POLO 3:30 PM -5:30 PM ALL LANES 5 - 5:30		MASTERS SWIM 5:15PM-6:15PM 5 LANES	CAC WATER POLO 3:30 PM -5:30 PM ALL LANES 5 - 5:30					MASTERS SWIM 5:15PM-6:15PM ALL LANES	
5:30PM												
6:00PM												
6:30PM	ADULT LAP SWIM 5 PM - 7 PM		ADULT LAP SWIM 5:30 PM - 7 PM		ADULT LAP SWIM 5 PM - 7 PM	ADULT LAP SWIM 5:30 PM - 7 PM						
7:00PM												
7:30PM												
8:00PM												
				7PM - 8:30PM ALL LANES								

UPCOMING CLOSURES: MONDAY, MAY 29TH - CLOSED IN OBSERVANCE OF MEMORIAL DAY
CUSD SWIM LESSONS May 22 - June 2 - 9 - 11:45am