HEALTHY COMMUNITY ELEMENT

PURPOSE

The new "Healthy Community" Element will be part of the proposed General Plan / Local Coastal Plan Update, along with a new Climate Change / Resiliency Element and key policy updates within the existing GP/LCP. **The Healthy Community Element is intended to create conditions in our City that make it easier to make healthy choices every day**, considering socio-economic, cultural, and environmental factors. This Element will include health-related topics not already covered in other GP elements.

GET INVOLVED!

Go online to take our online survey and find more information on upcoming meetings
www.carpinteria.ca.us/communitydev/GeneralPlanUpdate.shtml

Attend the next meeting
Every third Monday of the Month
5:30pm
Council Chamber
5775 Carpinteria Avenue

Submit a comment to the City
Email:
Julia Pujo [Amec Foster Wheeler]
Julia.Pujo@amecfw.com

Letter:
Community Development Department
5775 Carpinteria Avenue
Carpinteria, CA 93013-2603

We'd love to hear from you!

amec foster wheeler

CITY OF CARPINTERIA, CALIFORNIA
WORLD'S SAFEST BEACH
INCORPORATED 1965

HEALTHY COMMUNITY

City of Carpinteria
General Plan &
Local Coastal Plan Update

"Healthy Community" Element and Our City

OUR CITY

Carpinteria has a number of programs which already support healthy living, including volunteer bike and hiking trail organizations, farmers' markets, education centers, and nutrition services. However, **there is no comprehensive mechanism within our General Plan to support these services**. With a Healthy Community Element, we can take known social determinants of health, and plan for certain health outcomes in our community. **We can improve our health and quality of life through City planning, and need communication with the members of our community for success!**

What are Potential Topics within our New Element?

ACTIVE LIVING
Active transportation
Bike/pedestrian safety
Recreation opportunities

HEALTHY FOOD SYSTEMS
Production of healthy foods
Access to healthy food
Nutrition eduction

ENVIRONMENTAL FACTORS
Air & water quality
Land use compatibility
Soil contamination
Hazards (w/ Safety Element)

COMMUNITY CONNECTION
Social equity & inclusion
Adequate housing
Education programs

HEALTH & MENTAL HEALTH
Access to healthcare & services
Drugs, alcohol, & tobacco
Counseling & targeted programs

Get Involved and Contribute Ideas!
What do you think? How can we improve the health of our community?

PROCESS TO ADOPTION

Evaluate Community Health
- Public Outreach
- Data Collection
- Identify Key Indicators
- Areas of Concern

Define Goals & Guiding Principles
- Community/ Stakeholder Input
- General Plan Committee
- Identify Shared Community Values
- General Plan Integration

Draft Policy Development
- Plan for Health Outcomes
- Innovative Practices
- Refine Existing Policies & Programs

Healthy Community Element
- Provides Framework for Decision-makers
- Establishes Processes & Actions
- Measurable Progress